

NEW YEAR NEW YOU!



TUESDAYS

Gentle Flow Yoga

6:30p-7:30p

01/10 - 02/14

WHEN

Classes Start January 10, 2017

WHERE

Tower Grove Park

Piper Palm House & Stupp Center

St. Louis, MO 63110

WEDNESDAYS

Sunrise Yoga

6:30a-7:30a

01/11 - 02/15

Piper Palm House

COSTS

\$60.00 for 6-Week Session

\$12.00 for Drop-In per Class

THURSDAYS

Sunrise Yoga

6:30a-7:30a

01/12 - 02/16

Piper Palm House

TO REGISTER:

Call (314) 771-2679 or email
tgpark@towergrovepark.org

SATURDAYS

BOOT CAMP

7:30a - 8:30a

01/14 - 02/18

Stupp Center (outside)